

## **MOTIONrehab Physiotherapy Technical Instructor Job Description**

**Post Title:** Technical Instructor

**Post Hours:** Full time (37.5 hours per week)

**Contract:** Permanent

**Location:** MOTIONrehab Clinic (South Leeds)

**Accountable to:** Senior Physiotherapy

**Salary:** £18 - £22K dependant on experience

**Applications made via email to:** Sarah Daniel, Clinical Director [info@motionrehab.co.uk](mailto:info@motionrehab.co.uk)

### **Job Purpose**

MOTIONrehab have an exciting opportunity for an experienced therapies assistant/technical instructor to work within our new Outpatient Intensive Rehabilitation Centre, based on the outskirts of Leeds, West Yorkshire.

This role would suit an individual with previous experience working with Physiotherapists or Occupational Therapists. Alternatively, individuals with Personal Training qualifications or experience in sports and exercise. Experience following and adapting treatment or exercise programmes with individuals (under guidance) is desirable.

MOTIONrehab are a private healthcare organization who have been providing outpatient Neurological Physiotherapy & Rehabilitation across Yorkshire and Humberside for the past 10 years. The company employs a large team of highly skilled Neurological Therapists who provide hands-on specialist Physiotherapy complemented by rehabilitation technology. Currently MOTIONrehab is operated from 3 clinic spaces across the region as well as domiciliary services, and nursing home based treatments. MOTIONrehab are now expanding to open a specialist Multidisciplinary Rehabilitation Centre in South Leeds, augmented by Robotics and Virtual Reality to treat clients with all Neurological conditions (Stroke, Multiple Sclerosis, Traumatic Brain Injury, Spinal Cord Injury, Parkinson's Disease and other related conditions) as well as individuals with complex Poly-Trauma.

The successful candidate will work alongside highly specialist Physiotherapists and Occupational Therapists to deliver a high-quality service of hands on treatment as well as instructing clients with state of the art robotics and virtual reality technology for rehabilitation.



**T:** 0800 860 0138 | **T:** 01423 608081 | **E:** [admin@motionrehab.co.uk](mailto:admin@motionrehab.co.uk)  
[www.motionrehab.co.uk](http://www.motionrehab.co.uk)

### **The successful candidate will have responsibility for:**

- Working alongside the Senior therapy team to provide quality therapeutic care through the delivery of specialist therapeutic treatment to a client group of neurologically injured patients, as directed by the senior Physiotherapist.
- Work with specialist robotic, and virtual reality equipment, assisting to design programmes for the rehabilitation of patients with neurological difficulties
- Training in the use of specialist equipment such as Saebo and functional electrical stimulation to use within treatment programmes with patients.
- Provide clerical and administrative support to the administrative staff in the management of patients.
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### **Clinical**

- Following appropriate training and demonstration of competency to a specified level, work unsupervised in a range of individual or group therapeutic activities.
- Work with robotic and virtual reality rehabilitation equipment (Tyromotion solutions and THERA-Trainer Lyra gait trainer) to assist in planning and undertaking of appropriate exercise programmes, adjusting the programme as required under the supervision of senior Physiotherapists/OTs, looking at the rehabilitation of the upper and lower limbs.
- To deliver specified treatments with empathy under the management of a physiotherapist/OT.
- To use accurate and precise sensory and physical skills in the therapeutic handling of neurological patients.
- To prepare patients for treatment including undressing, removal of splints and toileting.
- To monitor the effectiveness of the treatment plan and use clinical knowledge to progress the treatment programme within defined protocols while keeping the supervising therapist informed of the patient's progress.
- Measure activity and treatment outcomes.
- To maintain using accepted protocols accurate and contemporaneous treatment records including valid consent appropriate to the intervention.
- To ensure that patient confidentiality is maintained at all times.
- To be aware of own limitation of knowledge in relationship to physiotherapy/Occupational Therapy and to refer back to the supervising therapist when appropriate.
- Use electronic patient management system to document treatment.

### **Essential knowledge, qualifications, skills and experience required**

- Excellent communication skills, written and verbal at all levels is essential.
- NVQ level III / BTEC qualification or equivalent.
- Ability to use a computer, written notes on computer system.
- Has relevant experience working with patients with neurological conditions.
- Experience in following treatment programmes with patients, and adapting treatment programmes under the guidance of the senior therapists.
- Good interpersonal skills with proven ability to establish and maintain effective and supportive relationships with peers, colleagues, patients and the wider multi-disciplinary team.



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## Communication

- To communicate effectively, verbally and through touch, with patients individually or in groups, to maximise rehabilitation potential.
- Communication skills of persuasion, motivation, explanation and gaining informed consent will be used with a variety of patients. Barriers to effective communication may be evident e.g. loss of hearing, altered perception, expressive and receptive dysphasia, visual and mental disabilities, depression, pain and fear.
- To liaise with Physiotherapy staff regarding all individual patients.
- To liaise and where appropriate advise patients, carers and relatives regarding patient care.

## Education and training

- To be supported to complete competencies in equipment such as the virtual reality and robotic rehabilitation devices to enable the support of patients.
- To be supported to complete competencies in rehabilitation equipment such as Saebo and functional electrical stimulation.
- To be appraised by the Senior Physiotherapist, agree personal objectives and personal development plan.
- To receive information and training on new developments in Neurological physiotherapy.
- To participate in all mandatory training.
- To attend relevant in-service training programme.

## Organisation and Management

- To maintain a safe environment at all times for patients, visitors and staff.
- To ensure safe use of all mechanical and electrical equipment or orthoses and appliances used in the care of patients.
- To act immediately to rectify any unsafe practices or environments witnessed and report adverse incidents or near misses.
- To provide administrative support to the physiotherapy team e.g. appointment booking, stock control, monitoring the loan of equipment.
- To be responsible for maintaining a tidy working environment and ensuring that there is a satisfactory level of cleanliness in the designated area.
- To lead on area stock control, keeping the Lead Therapist up to date on stock levels and taking action to replenish stock levels.

## Professional

- To maintain own Continuing Professional Development in line with Clinical Governance
- To work within the Assistant Rules of Professional Conduct of the Chartered Society of Physiotherapy.
- To share responsibility for maintaining own competence through reflective practice
- To be legally accountable for all aspects of own work.

### **Standard Clauses:**

*The purpose of this post should remain constant, but the duties and responsibilities may vary over time within the overall role and level of the post. The post holder may from time to time be asked to undertake other reasonable duties. Any such changes will be made in discussion with the post holder in the light of service needs.*



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