

MOTIONrehab TECHNICAL INSTRUCTOR JOB DESCRIPTION

Post Title: Technical Instructor

Post Hours: Full time (37.5 hours per week)

Contract: Permanent

Location: MOTIONrehab Clinic - Doncaster

Accountable to: Clinic Manager

Salary: Starting from £23.5K dependant on experience

Employee Benefits:

- **Private Medical Insurance**
- **Income Protection Policy**
- **Employee Assistance Programme**
- **Optional Enhanced Pension via Salary Sacrifice Scheme**

Applications made via email to: Sarah Daniel, Clinical Director info@motionrehab.co.uk

Job Purpose

MOTIONrehab have an exciting opportunity for an experienced therapies assistant/technical instructor to work within our Outpatient Intensive Rehabilitation Centre, based Premier House, Doncaster DN4 5RA. The successful candidate will work alongside highly specialist Physiotherapists to deliver a high-quality service of hands-on treatment as well as instructing clients with state-of-the-art robotics and virtual reality technology for rehabilitation.

This role would suit an individual with previous experience working with Physiotherapists or Occupational Therapists. Alternatively, individuals with Personal Training qualifications or experience in sports and exercise. Experience following and adapting treatment or exercise programmes with individuals (under guidance) is desirable.



MOTIONrehab are a private healthcare organization who have been providing outpatient Neurological Physiotherapy & Rehabilitation across Yorkshire and Humberside for the past 16 years. Our patients present with injury, illness or disease of their brain, spine and/or nervous system. This includes conditions such as Stroke, Multiple Sclerosis, Traumatic Brain Injury, Spinal Cord Injury, Parkinson's Disease and other related conditions. We also rehabilitate individuals with complex Poly-Trauma (multiple injuries from accidents). The role is very varied and challenging and requires a dynamic but empathic approach to help our patients reach their goals which is ultimately highly rewarding. The successful candidate will work with patients and their families to contribute to the rehabilitation process.

Excellent communication and time management skills are essential.

Essential knowledge, qualifications, skills and experience required.

- Excellent communication skills, written and verbal at all levels is essential.
- NVQ level III / BTEC qualification or equivalent.
- Ability to use a computer, written notes on computer system.
- Has experience working with individuals with health problems desirable .
- Experience in following treatment programmes or exercise plans can adapt programmes under the guidance of the senior therapists.
- Good interpersonal skills with proven ability to establish and maintain effective and supportive relationships with peers, colleagues, patients and the wider multi-disciplinary team.

The successful candidate will have responsibility for:

- Working alongside the Senior therapy team to provide quality therapeutic care through the delivery of specialist therapeutic treatment to a client group of neurologically injured patients, as directed by the senior Physiotherapist.
- Work with specialist robotic, and virtual reality equipment, assisting to design programmes for the rehabilitation of patients with neurological difficulties under the direction of senior Physiotherapists/OTs
- Provide clerical and administrative support to the administrative staff in the management of patients.
- Participate in general house-keeping of the clinical areas and equipment including but not limited to, basic maintenance, cleaning and stock checking.



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Clinical

- Following appropriate training and demonstration of competency to a specified level, work unsupervised in a range of individual or group therapeutic activities.
- To prepare patients for treatment including undressing, removal of splints and toileting (*no personal hygiene care is expected*).
- To monitor the effectiveness of the treatment plan and use clinical knowledge to progress the treatment programme within defined protocols while keeping the supervising therapist informed of the patient's progress.
- Measure activity and treatment outcomes.
- To maintain using accepted protocols accurate and contemporaneous treatment records including valid consent appropriate to the intervention.
- To ensure that patient confidentiality is maintained at all times.
- To be aware of own limitations of knowledge in relationship to Physiotherapy/Occupational Therapy and to refer back to the supervising therapist when appropriate.
- Use electronic patient management system to document treatment.

Communication

- To communicate effectively, verbally and through touch, with patients individually or in groups, to maximise rehabilitation potential.
- Communication skills of persuasion, motivation, explanation and gaining informed consent will be used with a variety of patients. Barriers to effective communication may be evident e.g. loss of hearing, altered perception, expressive and receptive dysphasia (*speech problems*), visual and mental disabilities, depression, pain and fear.
- To liaise with Therapy staff regarding all individual patients.
- To liaise and where appropriate advise patients, carers and relatives regarding patient care.

Education and training

- To be supported to complete competencies in equipment such as the virtual reality and robotic rehabilitation devices and other rehabilitation equipment to enable the support of patients.
- To be appraised by the Senior Therapist, agree personal objectives and personal development plan.
- To receive information and training on new developments in neurological rehabilitation.
- To participate in all mandatory training.
- To attend relevant in-service training programme.

Organisation and Management

- To maintain a safe environment at all times for patients, visitors and staff.



- To ensure safe use of all mechanical and electrical equipment or orthoses and appliances used in the care of patients.
- To act immediately to rectify any unsafe practices or environments witnessed and report adverse incidents or near misses.
- To provide administrative support to the therapy team e.g. appointment booking, stock control, monitoring the loan of equipment.
- To be responsible for maintaining a tidy working environment and ensuring that there is a satisfactory level of cleanliness in the designated area.
- To lead on area stock control, keeping the Lead Therapist up to date on stock levels and taking action to replenish stock levels.

Professional

- To maintain own Continuing Professional Development in line with Clinical Governance
- To work within the Assistant Rules of Professional Conduct of the Chartered Society of Physiotherapy/Royal College of Occupational Therapy.
- To share responsibility for maintaining own competence through reflective practice
- To be legally accountable for all aspects of own work.

Standard Clauses:

The purpose of this post should remain constant, but the duties and responsibilities may vary over time within the overall role and level of the post. The post holder may from time to time be asked to undertake other reasonable duties. Any such changes will be made in discussion with the post holder in the light of service needs.



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